

# Road Safety Resilience for Schools

Every road user must make important road safety decisions every time they are on or around our roads. To be prepared to make these split-second decisions that could save a life, you must have a plan.

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## You - Road safety starts with you

- Always be fit to be on or around our roads - think about the effects of fatigue, drugs, alcohol
- Eliminate distractions and stay focused on the road, whether as a pedestrian, bike / scooter / skateboard rider, or driver
- Develop a plan prior to starting your journey - map your route and rest stops
- Look and be seen when using the road - think clothing for visibility and protection, lights and reflectors
- Attitude - think patience, courtesy
- Scan the road ahead for potential hazards
- Always maintain a safe following distance - think reaction time

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## Preparedness - Things you can do ahead of time

- Ensure your vehicle, motorcycle, bicycle or scooter is well maintained and in good working order
- Include regular checks and services - good tyre tread, tyre pressure, oil and water levels, light function
- Pack your vehicle correctly - are your luggage and passengers secure?
- Know how to change a tyre
- If towing a trailer, caravan or boat, ensure you are confident and well versed
- Emergency plan - think contact numbers, radio stations, local government websites

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## Hazards - Be prepared for the unexpected & drive to suit the conditions

- Weather conditions - check the forecast for severe storms, hail, fog, heavy rain
- Extreme weather events - think flood waters and bush fires
- Changes in road conditions - think wet, gravel, ice and snow
- Dust and unsealed roads - think variations and changes to road surfaces, reaction times and how that may affect the grip of your tyres
- Wildlife - always scan the road ahead
- What to do in case of an emergency - think first aid kit, phone numbers, spare tyre / tools

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## Action - Be the change you want to see on the road

- Take personal responsibility
- Improve your in-car behaviour and model good practices
- Share your road safety resilience plan
- Take the Road Safety Promise