

Building a road safety resilience plan

Road safety is up to all of us - whether you are a driver, passenger, pedestrian, cyclists, or use a scooter or skateboard - we are all road users. We all play a part in reducing the impacts of road trauma and building road safety resilience.

Some suggestions for your road safety resilience plan are included below.

*The keys to road safety
are in all our hands*



Building Road Safety Resilience for a **Fatality Free Future**



Pedestrians



- Always be fit to be on or near the road
- Ensure you are not impacted by fatigue, drugs or alcohol
- Avoid distractions e.g. head phones and stay focused on the road / be aware of your surroundings
- Cross roads where it is safe to do so i.e. pedestrian crossing, traffic lights
- Be visible i.e. wear bright / reflective clothing



Passengers



- Always wear your seat belt
- Be a 'second set of eyes' for your driver
- Only travel with someone who's fit to drive
- Don't distract the driver
- Support the driver to ensure all other passengers act responsibly
- Ensure you never get into an overcrowded car

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Cyclists



- Always be fit to be on or near the road
- Ensure you are not impacted by fatigue, drugs or alcohol
- Avoid distractions and stay focused on the road
- Wear protective clothing & helmet
- Be visible i.e. wear bright / reflective clothing
- Ensure lights & reflectors on your bicycle are working



Skateboard & Scooter Riders



- Always be fit to be on or near the road
- Ensure you are not impacted by fatigue, drugs or alcohol
- Avoid distractions and stay focused on the road
- Stay alert & aware of road users around me
- Wear protective clothing & helmet
- Be visible i.e. wear bright / reflective clothing



Drivers



- Always be fit to drive
- Ensure you are not impacted by fatigue, drugs or alcohol
- Avoid distractions
- Stay alert & aware of all road users around me
- Drive to suit the conditions
- Stay focused and take regular breaks



Motorcyclists



- Always be fit to ride and to be on or near the road
- Ensure you are not impacted by fatigue, drugs or alcohol
- Avoid distractions and stay focused on the road
- Stay alert & aware of road users around me
- Wear protective clothing & helmet
- Be visible i.e. wear bright / reflective clothing